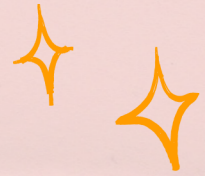




# 5 Reasons Why **DONE IS BETTER THAN PERFECT**



## **1. PERFECT = PROCRASTINATION**

If you wait for the perfect time, you won't move at all. It is an excuse to stop moving. Whether it's fear, self-doubt, or feeling not good enough that's holding you back, **JUST GET OUT THERE AND START MOVING.** Life does not stop, and neither should you!

## **2. IT ALL ADDS UP**

Believe it or not, a little time towards your goal all adds up. If you read for just 5 minutes a day for a whole year, you will have 1,825 minutes, totaling 30 hours and 25 minutes.

## **3. NO REGRET**

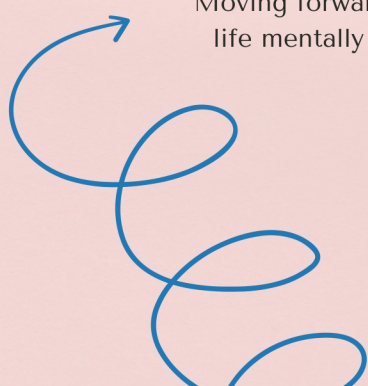
We all have the same amount of time in the day. Nobody is better than you or like you. We only have one life to live. You don't want to look back and regret never giving yourself a chance. Believe in yourself—you can do it. God says all things are possible to those who believe. You can do this!

## **4. BUILDS MOMENTUM**

Getting started is the hard part, but once you start moving, you are encouraged to keep going. Think about an area where you were afraid but stepped out and saw that it wasn't as bad as you thought. It also builds your self-esteem because you accomplished your goal.

## **5. AVOID BURNOUT**

Moving forward, even if everything is not perfect, helps you live a more enjoyable, balanced life mentally and physically. Also, you can always go back and fix errors or make changes once you complete the task, but at least you completed it.



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